

ohg

OMNIA HEALTH GROUP

Welcome to
Omnia Health Group

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lux

Start your journey

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OMNIA THERAPY

Welcome to Omnia Therapy; we established this service to help people resolve any personal difficulties they may be experiencing. There is much knowledge about mental health and well-being however access to the services required can be difficult. This could be as result of long waiting lists or affordability preventing people from getting the support necessary.

We aim to make therapy accessible to all by setting affordable fees and the choice of the frequency of sessions to suit the needs of our clients which take place online in the comfort of their own homes. Our therapists are down-to-earth, and non-judgemental and will provide clients with a safe space to explore their concerns and challenges.



We have a range of therapists that can help support you in your everyday life. Most of the time people tend to believe that to attend therapy you have to have a major life concern that a person needs help to manage. However, we believe that having support in managing day-to-day challenges can be just as beneficial to a person to help manage stress levels, anxiety and the overwhelming feelings that arise from running busy lifestyles that have become today's norm.



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OMNIA CORPORATE
TRAINING

CORPORATE TRAINING

Wellbeing training to protect the employee's mental health, that doesn't disturb the working week of an employee or put the onus on the employer to try to juggle the logistics of training an entire workforce. With the OCT offering, employees can complete the 40 modules per annum in those slender pieces of time which are effectively defunct in a working day. Every time an employee performs a module, they are asked a multiple-choice question to gauge comprehension and acknowledgement of the same.

For the employer this is a time efficient way to safeguard their employees without intruding on employees' personal space or having difficult and potentially awkward conversations with legal and commercial consequences. After every completed course, the employer will receive an audit report confirming that the employee has been educated and repeatedly signposted to where they might need to go if they have a challenge to overcome.

As part of the OCT offering there is a helpline to support the HR department and complimentary training available to nominate a Mental Health First Responder, adding a further skill set to your team.



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OMNIA NEURO DISCOVERY

This exclusive group and 1-1 programme can provide help for people who are at all different stages in their life, whether you have substance misuse, mental health problems, eating disorders, self-harming or behavioural issues.

We will provide a comprehensive plan of care and support for you in the luxury of your own home. This is in most part an evening support programme aimed to help people that are unable to access support during the day. The package includes a highly experienced specialised team, psychological support, life coaching and peer support groups. We have multiple years of experience working with clients who expect and need something unique to their own circumstances. The level of service we offer is commensurate with the highest level of support you would expect from a private service.

We offer a truly 'bespoke' group and 1-1 service that is unique. The service provided will help you understand the patterns of behaviour, which may until now, have been sabotaging your life. We will help you to understand what has been blocking you and help you to overcome these obstacles. So that you can lead and maintain a much happier and fulfilling life.

The Omnia Discovery Programme is a comprehensive online group support program in the luxury of your own home. It is a two-tier service that you can decide upon after your assessment.

ohgneurodiscovery.com

The logo for Lux, featuring the word 'lux' in a lowercase, white, sans-serif font. The background of the entire page is a night-time photograph of the London skyline, with the Tower Bridge on the left and various skyscrapers like the Gherkin and the Shard on the right, all illuminated against a dark purple and blue sky. The image is partially obscured by a dark blue curved shape at the bottom.

lux

OMNIA LUX

Omnia Lux is a leading provider of Bespoke Behavioural Health Services. Whether you have substance misuse, need detoxification, mental health problems, eating issues or behavioural issues, we design and deliver expert, professional, and bespoke service solutions.

Omnia Lux offers a truly 'bespoke', resource-intensive support service. The help provided to you will be unique and tailored to your specific needs and preferences.

We provide a comprehensive plan of care and support for people who are at all different stages in their life, at your home or at a location of your choice. We recognise that each person, family, and situation is unique and have their own set of circumstances. Omnia Lux will provide tailor-made solutions to help you achieve your own recovery and to have the life that you deserve.

We provide a highly skilled multi-disciplinary team specifically to meet our client's needs. We work alongside CQC-registered partners for detoxification and treatment.

Whatever your needs, your family's needs, or even a business associate's needs; we will work together with you to strategically plan, deliver, and help you to move forward. We have many years of experience working with clients that expect high standards and we can produce the results that you require and need. We provide bespoke support for clients and families globally.



OMNIA HEALTH GROUP

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